



Age Friendly  
Wythenshawe

# NEWSLETTER

## DECEMBER 2023



SEASONS GREETINGS... WE HOPE TO SEE YOU AT  
ONE OF OUR SOCIAL MEET-UPS IN 2024!



It's that time of year again when we come together to help our most vulnerable older residents. Winter Warmer bags will be packed on 21 November and despatched around Wythenshawe to bring some cheer and a package of support to those in need.

This year the bags will contain these items and more:

- Plug-in nightlights
- Gripper gloves and thermal blankets
- Teabags, ready meals voucher and festive treats
- Information about local services, support and advice
- Christmas card and Age Friendly newsletter

Supported by the Manchester City Council Neighbourhood Investment Fund and the Wythenshawe Community Housing Group Living Well Fund.

***All times are difficult before they are easy!***



Age Friendly Wythenshawe hosted a coffee morning in November at Forum Library, for new ambassadors and those interested in hearing more about the role.

The role has been introduced to help the group to engage and support the wider community.

Ambassadors are adept at spreading the word about Age Friendly and sharing information about all the support and activities available to residents aged 50 and over within their neighbourhoods.

All ambassadors and residents dropping in to the event received a goody bag as a token of appreciation.

Keep an eye out for future coffee mornings and if you are interested in becoming an Age Friendly Ambassador, please contact Phil by email: [Philip.tomlinson@manchester.gov.uk](mailto:Philip.tomlinson@manchester.gov.uk).



## CHRISTMAS AT WYTHENSHAWE HALL

Sunday 17th December '23  
11am to 4pm





**HALL ENTRANCE**  
£2 PER PERSON  
No charge for under 10's to go into the main house



**Quiz - Can you find the Elves & Reindeer hiding in the Hall?**  
You'll find 2 reindeer in each room of the house & lots of elves in Wonderland.



**SANTAS GROTTO**  
£2.50 PER CHILD  
(Cash Only Please)  
Adults go free  
Last entry 3.30pm

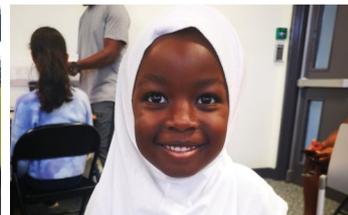


Residents of Wythenshawe (Brooklands) & Northenden pull together to protect each other...

# GET VACCINATED



#localfaces



Get your flu vaccine at your GP practice or local pharmacy.  
Find your nearest COVID-19 vaccination centre at [manchester.gov.uk/getmyjab](http://manchester.gov.uk/getmyjab)

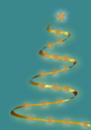


# CHRISTMAS PARTY

Age Friendly Wythenshawe will host a Christmas Party on 13 December for the over 50s.

Taking place at Forum Library from 11am to 1.30pm, refreshments including hot food will be provided, along with some festive quizzing!

Don your favourite Christmas jumper and help us celebrate another successful year.



# DOWNLOAD OUR AGE FRIENDLY APP



- 1 Scan the QR Code
- 2 Find out how one of our LocalApps could help your business



[www.local-apps.co.uk/age-friendly-wythenshawe/](http://www.local-apps.co.uk/age-friendly-wythenshawe/)

# Community Ambassadors: Could this be YOU?

**Age Friendly Wythenshawe** is seeking members of the local community to help spread the word about age friendly provision in the area. Please come along to our monthly meetups to socialise and be part of discussion about how we can provide the best service possible to residents. It's about residents helping each other, not decisions made by committee!

Some things you could do:

- Be a contact point for neighbours to keep them informed about Age Friendly initiatives and encourage them to participate
- Help us at an event or organise smaller neighbourhood events or informal get-togethers

Any contribution of time and expertise is welcome. Wythenshawe Age Friendly will support its ambassadors, and even reward them with vouchers!

We would like our ambassadors to reflect different backgrounds and different life experiences. People who are proud and enthusiastic about the area and good connectors willing to extend friendship to others.

- ⇒ We commit to keeping ambassadors informed and provide opportunities to meet other ambassadors
- ⇒ We will enable easy communications with committee members for support and advice as required
- ⇒ We will ensure that ambassadors feel valued and respected
- ⇒ We will ask each year if they are happy to continue to be ambassadors

*We'd love to hear from you if you can spare some time to be an ambassador. Or if you are interested in a committee role such as treasurer or secretary – we only meet for 30 minutes once per month.*

**Further information: T: 07752 327955**

**W: [wythenshaweforum.co.uk/age-friendly-wythenshawe](http://wythenshaweforum.co.uk/age-friendly-wythenshawe)**

*Or scan the QR code*



**Newsletter contact:  
[fredleatherbarrow@yahoo.co.uk](mailto:fredleatherbarrow@yahoo.co.uk)**

*"In Your Corner"*

# ARE YOU ONLINE?

**I want to be but it costs too much.**

**We can help you:**

- Find low-cost home broadband
- With data SIMs for your mobile
- Access devices like mobiles and laptops

**I don't want to be online, I'm not interested.**

**Getting online helps you:**

- Connect with family and friends
- Save money, even on essentials
- Be better off and earn more
- Improve your health and wellbeing

**I want to be but it's too complicated.**

**We can help you:**

- With relaxed, friendly, free training
- Make the best use of your device
- To be confident and safe online

We recycle the IT equipment we no longer need back into our community.

If you want to donate a device you no longer use, please visit <https://digital.lifeshare.org.uk/donate-device>.

Remember to remove all personal information before donating your device.



**To find out more about getting online, please call us on 0800 633 5500.**



## SAVE THE DATE

for our FREE 'Age Friendly' themed Community Connector event on Thursday 18th January at Brownley Green Baptist Church, M22 9AN, 12-30pm - 2pm.

For more information, contact [communitydevelopment@wchg.org.uk](mailto:communitydevelopment@wchg.org.uk) or call us on 0800 633 5500 / 0300 111 0000.