

Wythenshawe Good Neighbours

The **Wythenshawe Good Neighbours** (WGN) is all about helping the over 50s to get the most out of their community, promoting wellbeing and encouraging volunteers to get involved.

The **Tuesday Coffee morning gang at Wythenshawe AFC meet up at 11-12pm** (£1.50). Eileen says *'it motivates us to get out and we always have a laugh, it is such a supportive group'*. Avril (who is new to the area) says, *"it's a great source of information about the history of the area and all the activities that are going on."*

WGN also run a **lunch club at Northenden Social Club Tuesday 12.30-2pm** (£3). The ladies come together for a chat over lunch and occasional trips out. Everyone is welcome with no need to book.




As well as welcoming over 50s to take part in the groups, WGN encourage those who want to volunteer to get involved too. Volunteering can be extremely rewarding and in this photo you can see two stalwarts of the community – Mary Monaghan (previously Northenden Ward Councillor) and Fred Leatherbarrow (Chairman, Age Friendly Wythenshawe) who is also Father Christmas (sshhhh!) and the Easter Bunny.




For more information ring WGN 0161 905 3898 or visit wythenshawegoodneighbours.com



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